Experiencing Mild Memory Loss?

Research Study Seeking Adults 50 years or older and healthy enough for exercise

Combines a no-cost natural supplement AND exercise program that may delay or prevent Alzheimer’s Disease!!

Participants will for 1 year:
- Undergo memory testing, blood draws, brain scans
- Take a natural oral supplement or placebo
- Attend 2 yoga classes per week for 6 months

For questions, please contact:
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