

# Experiencing Mild Memory Loss?



**RESEARCH STUDY  
SEEKING ADULTS  
50 YEARS OR OLDER  
AND HEALTHY  
ENOUGH FOR  
EXERCISE**

Combines a no-cost natural supplement AND exercise program that may delay or prevent Alzheimer's Disease!!

Participants will for 1 year:

- Undergo memory testing, blood draws, brain scans
- Take a natural oral supplement or placebo
- Attend 2 yoga classes per week for 6 months



For questions, please contact:

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